

### the series

This fall, The Africa Channel celebrates self-love, self-care and selfknowledge through CARE FOR COLOR.

Hosted by actress/producer Ngozi Paul, this groundbreaking docu-series explores both trendy and age-old health, wellness and beauty regimens that allude to African origins, while appealing to people of all shades and colors!

# host

Best known for her starring role in Canadian sitcom DA KINK IN MY HAIR, Ngozi Paul is an award-winning actress, writer, producer and social activator who thrives on bringing underrepresented and untold stories to the world stage.

In CARE FOR COLOR, Ngozi ushers the audience through a journey of self-discovery and celebration as she takes on past and present perceptions/misconceptions on health, beauty and wellness regimens among the African diaspora.



## featuring



Designer, collector and famed urban guerilla gardener Ron Finley has ignited a (horti)cultural revolution. His TED talk has to date received a million plus views!





International runway model Stacey McKenzie has walked the runway for the likes Jean Paul Gaultier, Christian Lacroix, Veronique Leroy and Kenzo. Founder of 'Walk This Way' Workshop Stacey empowers young women to dream big and love who they are! With over 40 years experience as a natural health practitioner, Queen Afua is the highly sought after founder of the internationally renowned Global City of Wellness Institute,.

## episodes







### **Ep. 1: FOR THE LOVE OF WATER**

Having conquered her personal challenge to swim and surf, host Ngozi Paul takes on the stereotype that black people can't swim, and is surprised to discover a Los-Angeles based Black Surfers Collective, and an Ifa priest who speaks to the deep and reverential connection of black culture to water.

### **Ep. 2: UP FROM THE ROOTS**

In a highly anticipated meeting with famed Los Angeles guerilla gardener Ron Finley, host Ngozi Paul looks to the roots that nourish our bodies before taking it a step further to trace her family roots, and finally engage a group of diverse women on the wear and care of roots that make up black hair!

### Ep. 3: LOVING THE SKIN YOU'RE IN

Canadian-based international runway model Stacey McKenzie demonstrates why loving everything that we are gives us permission to conquer the world! We visit McKenzie's Walk this Way workshop where young girls are inspired and empowered to love the skin they're in!

## episodes (continued)



### Ep. 4: AFRODISIA

The art of feeling, looking and simply being sexy is explored in this episode where host Ngozi Paul indulges in all things Afrodisia - from an irresistible body massage to bathing in the healing powers of aromatherapy, and finding confidence through Afro-inspired dances.



### **Ep. 5: CROWNS & THE ART OF CELEBRATION**

How do you wear your crown? Follow host Ngozi Paul as she and Wrap Life founder Nnenna Stella demystify the art of tying cool, funky and swanky head wraps that have long been a fashion statement, a symbol of unity, identity and black cultural celebration.